# 

# OTOSCLEROSIS: HEARING AID AND/OR SURGERY?

B. FRAYSSE



DUBAI March 2019, 28-29-30

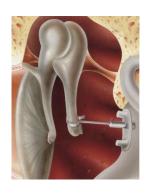
#### **GOAL OF THE PRESENTATION**

To discuss the various factors which may influence the decision in councelling patient between :

Hearing aid

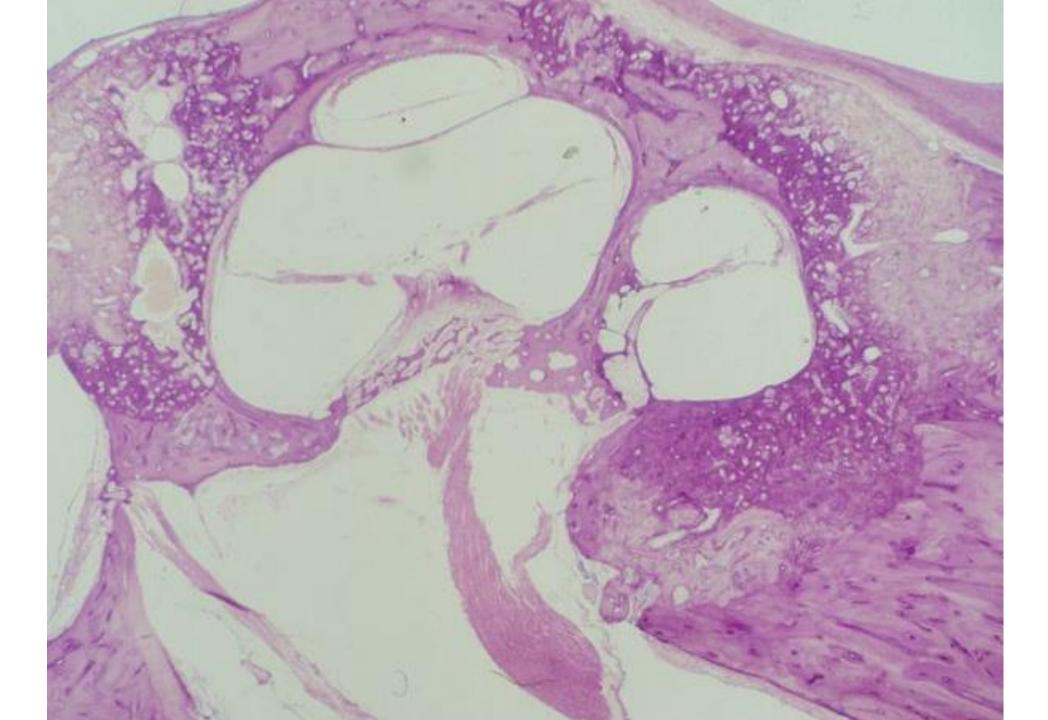


Stapes surgery

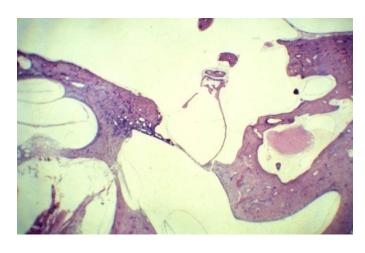


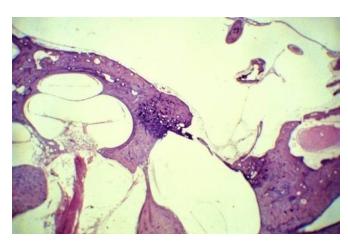
Auditory implant

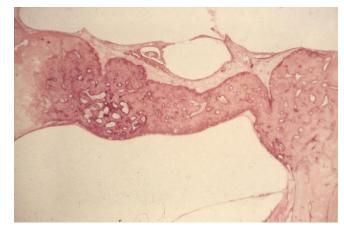


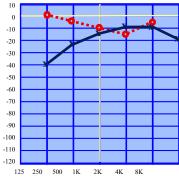


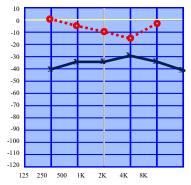
# CONDUCTIVE HEARING LOSS DEGREE OF STAPES FIXATION

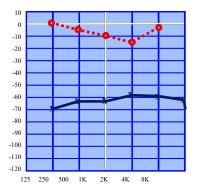




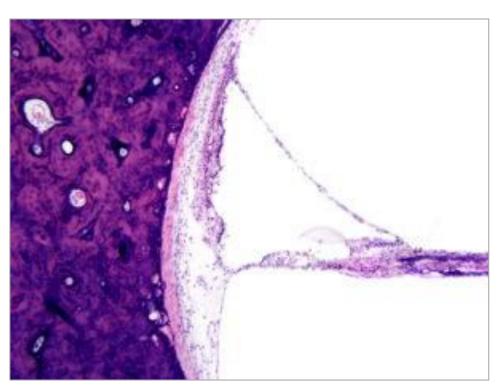


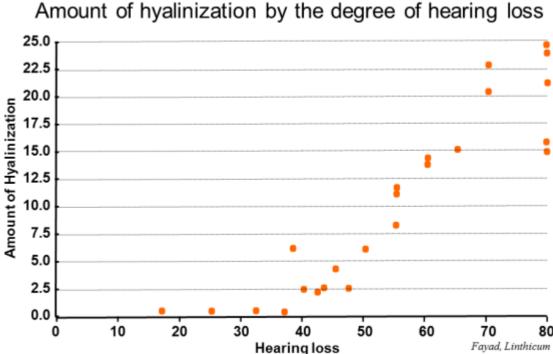






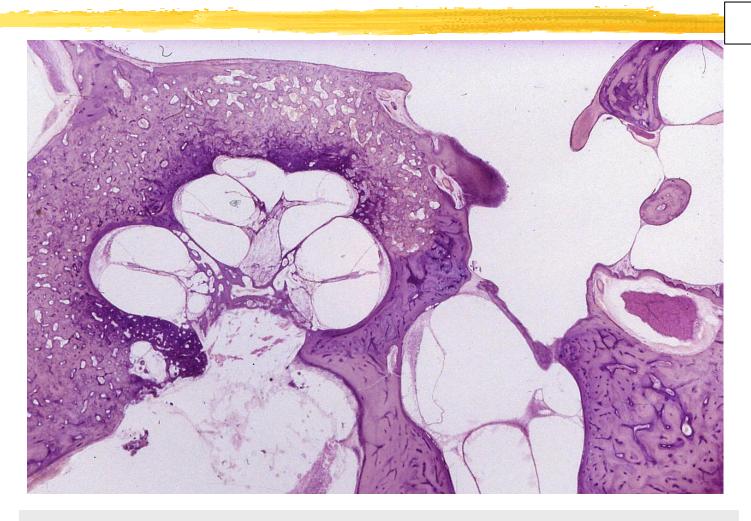
# SENSORINEURAL HEARING LOSS DEGREE OF HYALINIZATION





### **Pure cochlear otosclerosis**

1%



No stapes fixation, pure cochlear otosclerosis

#### **DIAGNOSIS**

- Progessive hearing loss
- Family history of otosclerosis
- Good understanding in noise
- Speaks softly
- Normal otoscopy



Signe de Schwarts

#### **TUNING FORK TEST**

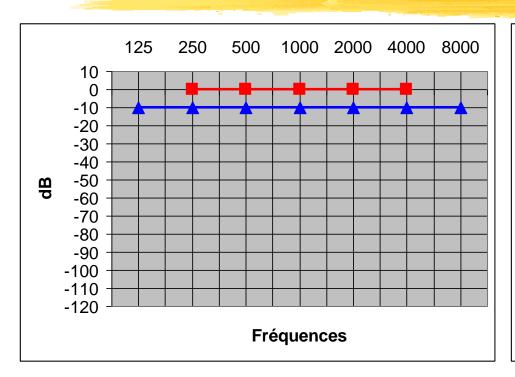
■ Weber: 256, 512, 1024, 2048 Hz compare the findings of the tuning fork with those found on pure tone

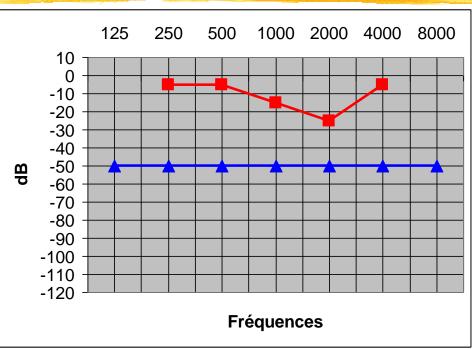


■ Rinne Test negative indicates an air bone gap of at least 30 to 45 dB



#### **PURE TONE AUDIOMETRY**





Arch. Otollaryngol. 1950; 51 (6): 798-808

The clinical application of bone conduction audiometry Raymond CARHART, Ph. D.

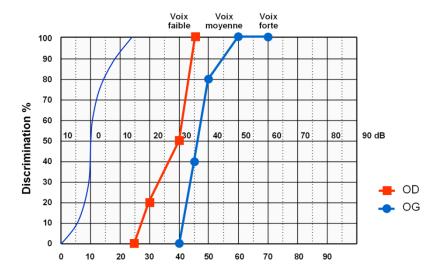
Frequency	250	500	1 000	2 000	3 000	4 000
Correction	0	5	10	13	10	6

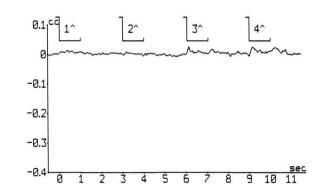
#### SPEECH DISCRIMINATION

Speech discrimination in quiet and in noise

Normal tympanometry

Stapedial reflex absent or ON/OFF





# DO WE NEED A CT-SCAN IN THE DIAGNOSIS OF OTOSCLEROSIS?









Otology & Neurotology
34:e55-e60 © 2013, Otology & Neurotology, Inc.

# The Role of Imaging in the Diagnosis and Management of Otosclerosis

\*Jagdeep Singh Virk, \*Arvind Singh, and †Ravi Kumar Lingam

\*ENT Department, and †Radiology Department, Northwick Park Hospital, North West London NHS Trust, Harrow, U.K.

Otology & Neurotology 37:9-15 © 2015, Otology & Neurotology, Inc.

# A Systematic Review of the Diagnostic Value of CT Imaging in Diagnosing Otosclerosis

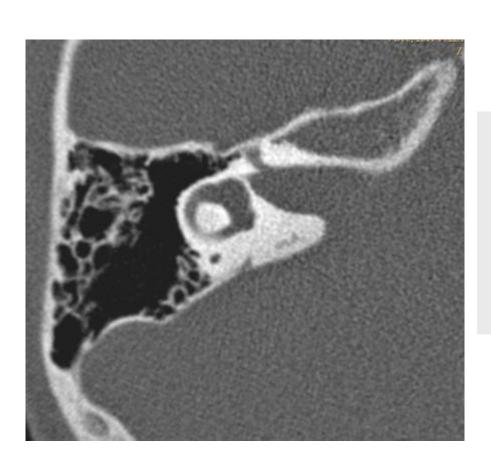
\*†Inge Wegner, \*Anne M. A. van Waes, \*†Arnold J. Bittermann, \*Sophie H. Buitinck, \*Caroline F. Dekker, \*Sophie A. Kurk, \*Matea Rados, and \*†Wilko Grolman

\*Department of Otorhinolaryngology—Head and Neck Surgery; and †Brain Center Rudolf Magnus, University Medical Center Utrecht, Utrecht, The Netherlands

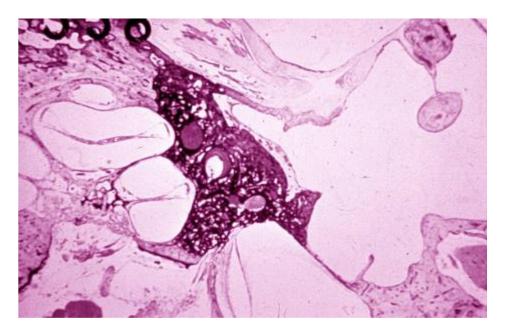
#### **GUIDELINES OF THE FRENCH SOCIETIES**

- « Recommandations pour la pratique de l'imagerie de l'oreille et du rocher »
- These guidelines relate
  - The technique of acquisition
  - The normal anatomy
  - The morphological modification
  - The classification of lesions

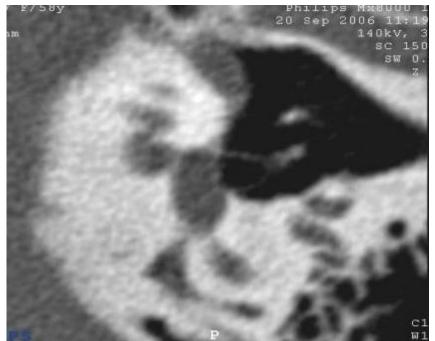
# **TECHNIQUE OF ACQUISITION**

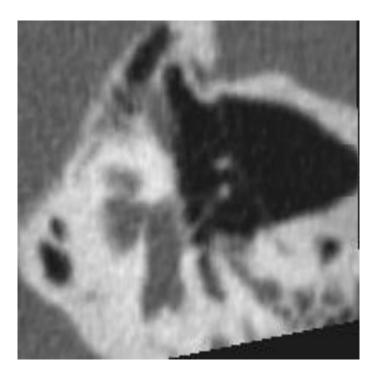


- Slice thickness 0.3/0.6 mm
- Parallel to the lateral canal
- Axial and coronal reconstruction
- With magnification





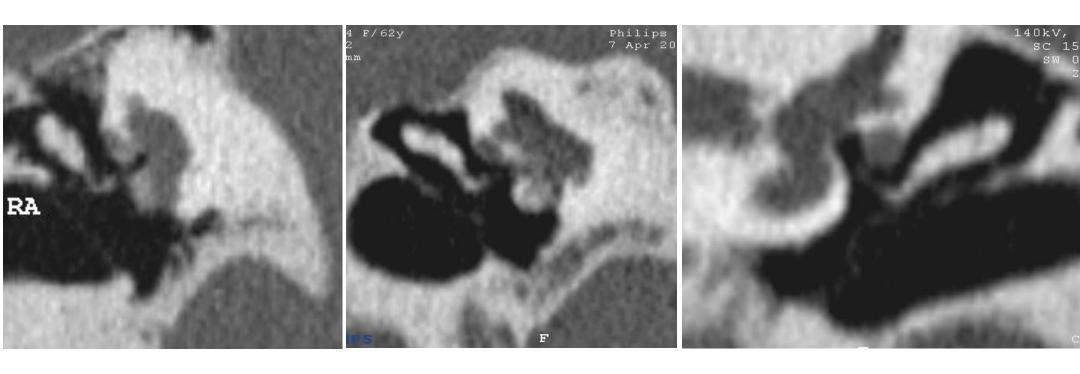




# INTEREST OF IMAGING IN THE EVALUATION OF OTOSCLEROSIS

- To define a surgical strategy in case of
  - Anatomical difficulties
  - Negative CT-Scan

## **ANATOMICAL DIFFICULTIES**

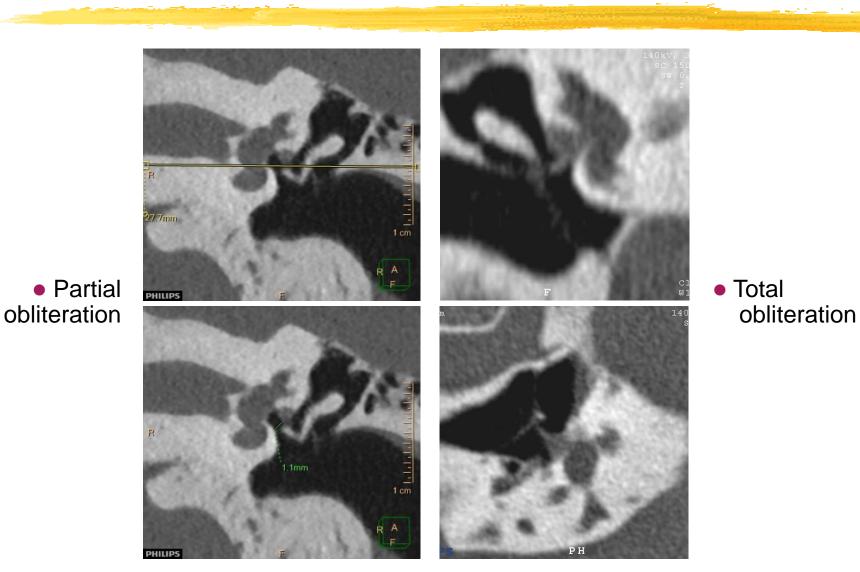


Small fenestra

Obliteration footplate

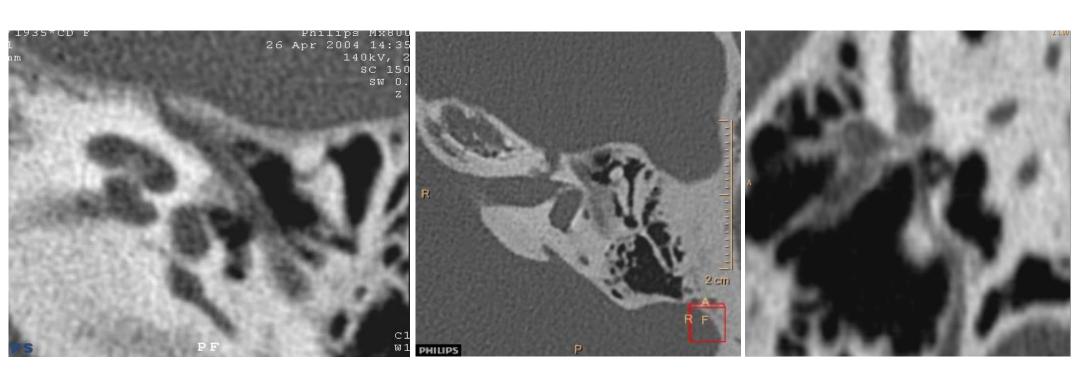
Facial déhiscence

# **FACIAL NERVE / OVAL WINDOW**



# **ANATOMICAL DIFFICULTIES**

Malleus fixation



Incus fixation

Stapedial artery

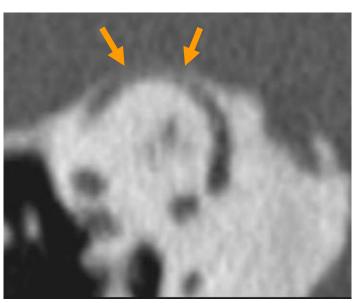
# COUNSELING PATIENTS IN CASE OF NEGATIVE CT-SCAN

Middle ear exploration BUT

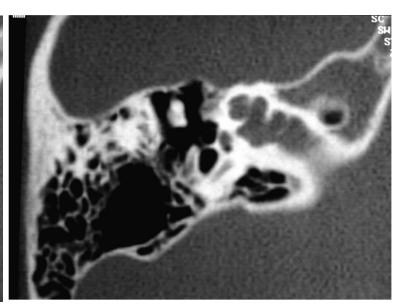


- → Risk of mobile footplate x 5
  - Early form with an incomplete fixation of the stapes
- → Possible inner ear conductive hearing loss due to:
  - An enlarged vestibular aqueduct
  - Minor inner ear malformation
  - Superior semicircular canal dehiscence
  - Modiolus anomalies

# POSSIBLE INNER EAR CONDUCTIVE HEARING LOSS





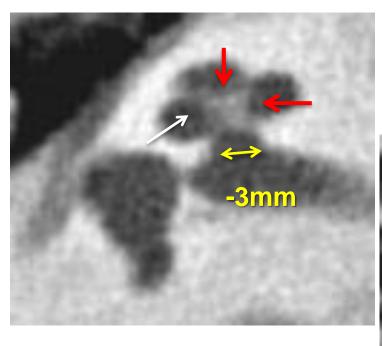


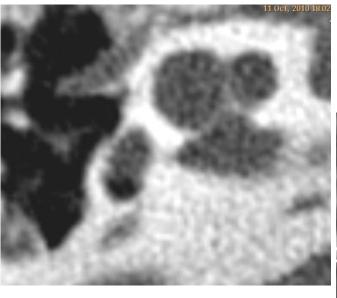
▲ Superior semicircular ▲ canal dehiscence

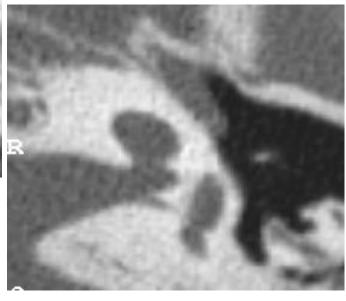
▲ Enlarged ▲ vestibular aqueduct

▲ Abnormal modiolus ▲

# **MODIOLUS MALFORMATION**







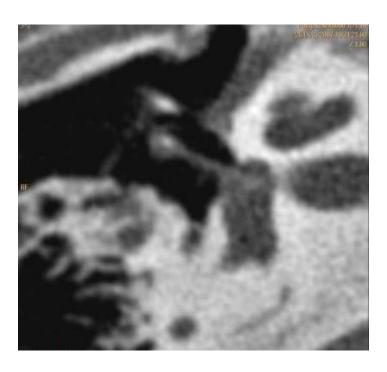
# INTEREST OF IMAGING IN THE EVALUATION OF OTOSCLEROSIS

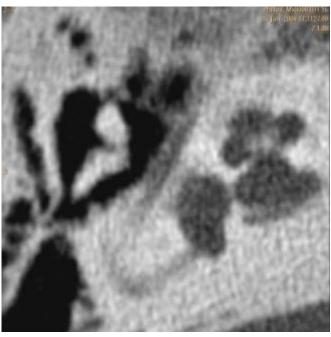
**8** To analyse the cause of failure

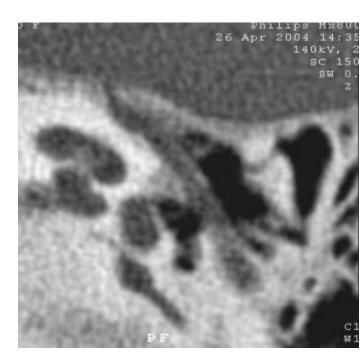
#### **CAUSE OF FAILURE**

- Persistence of conductive hearing loss
- Secondary conductive hearing loss
- Sensorineural complications

# PERSISTENCE OF A CONDUCTIVE HEARING LOSS





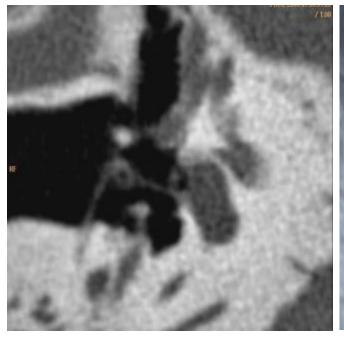


Prosthesis in place, no focus

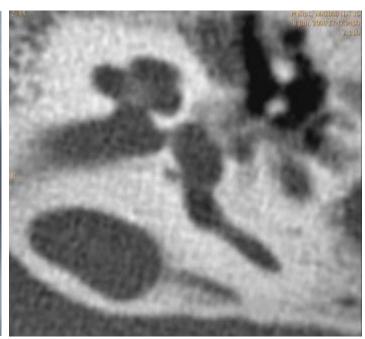
Dysjonction

Malleus fixation

# SECONDARY CONDUCTIVE HEARING LOSS



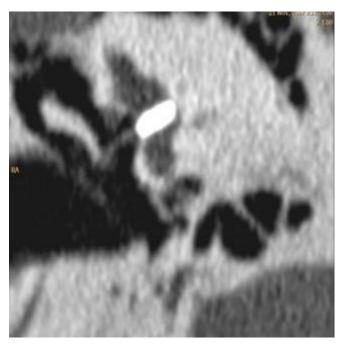


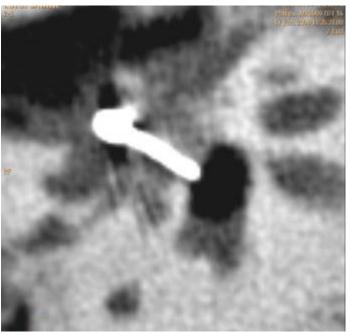


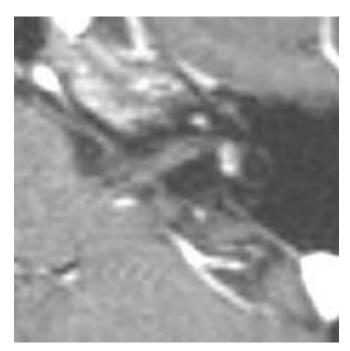
- Prosthesis displacement
- Lateralization syndrome

Reossification

### SENSORINEURAL COMPLICATIONS







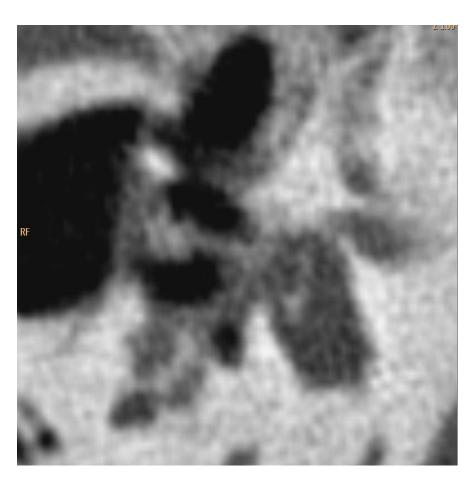
Intravestibular prosthesis

Fistula with air

Labyrinthitis

# **FLOATTING STAPES**





### THERAPEUTIC OPTION

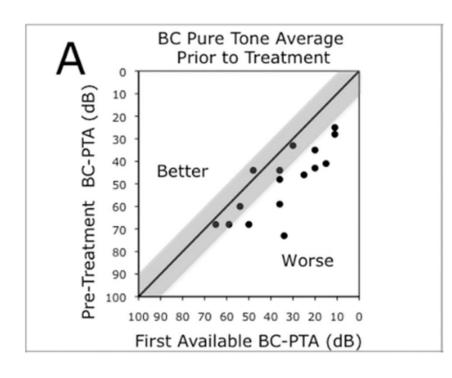
- Medical treatment
- Hearing aid
- Surgery
- Auditory implants
  - → BAHA
  - → Middle ear implant
  - → DACS
  - → Cochlear implant

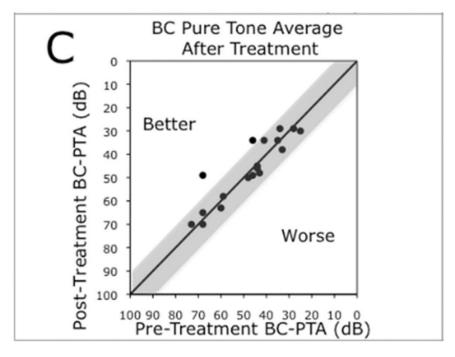
#### MEDICAL TREATMENT

Otology & Neurotology 33:1308-1314 © 2012, Otology & Neurotology, Inc.

#### Third-Generation Bisphosphonates for Treatment of Sensorineural Hearing Loss in Otosclerosis \*†Alicia M. Quesnel, ‡Margaret Seton, \*†Saumil N. Merchant,

†§Christopher Halpin, and \*†Michael J. McKenna





# HEARING AID AMPLIFICATION IN CONDUCTIVE AND MIXED HEARING LOSS

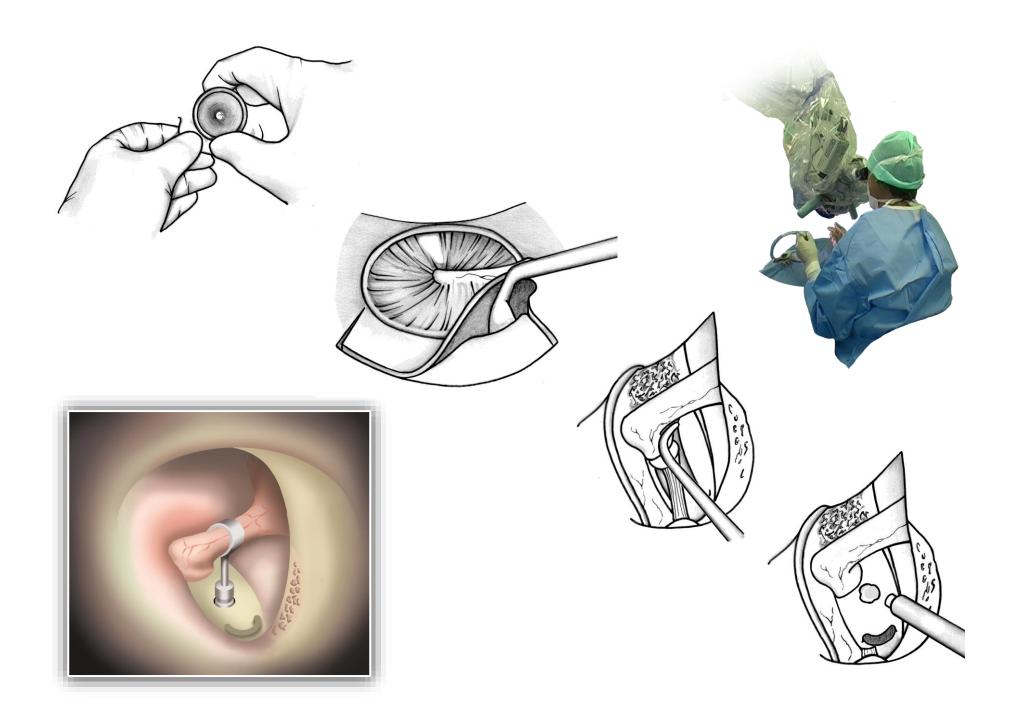
- The adaptation is easiest due to the good cochlear function
- The hearing aid amplification should
  - Compensate the sensorineural part of the loss
  - Additional gain at each frequency to correct the conductive loss
  - Due to the conductive component on low frequency an occluded ear mold may be used











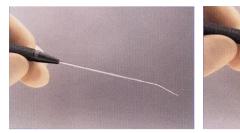
#### **LASER**

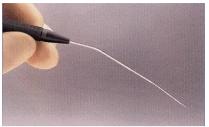
Material

KTP LASER (532 nm)

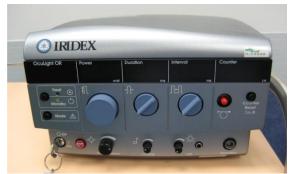


Short or long angle





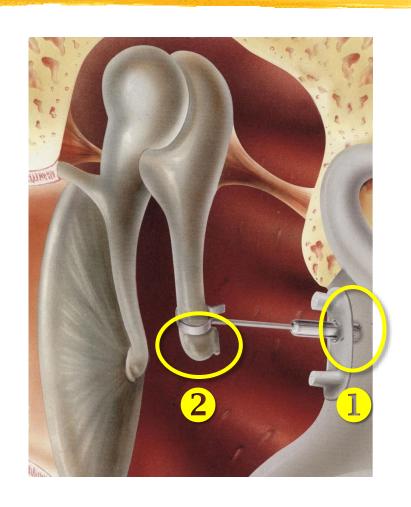




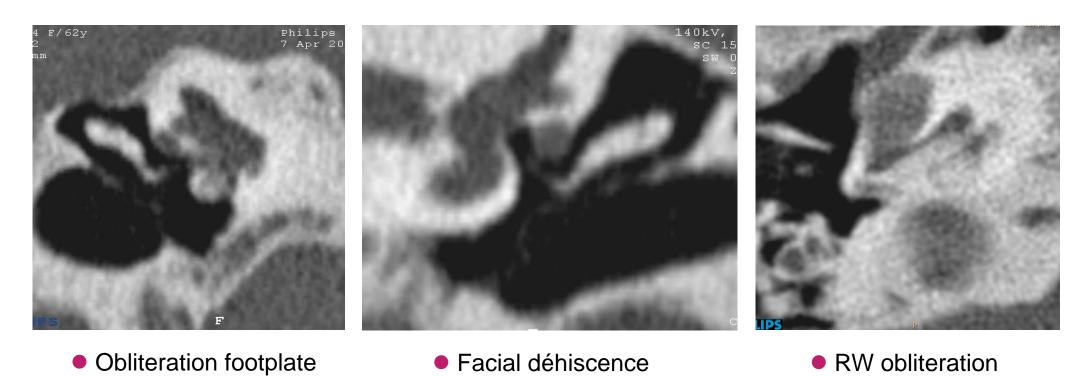
Vaporization of the stapedial crus: 1 W - 0,2 s

# LENGTH OF THE PROSTHESIS AND COUPLING

Incorrect prosthesis sizing ①
 and crimping ② are important
 causes of stapedotomy failure



## **CT-SCAN EXAMINATION**



#### **CASE CLINIC 1**

- 1 Hearing aid is the only option due to surgical contra indication
- 2 The two options are needed due to restaure binaural hearing
- 3 The two options are possible

The American Journal of Otology 19:544-545 © 1998, The American Journal of Otology, Inc.

> Is Stapedectomy Ever Ethical? Editorial Response

> > John J. Shea, Jr.

## SURGICAL CONTRAINDICATIONS

## Absolute

- Severe tubal dysfunction
- Pure sensorineural hearing loss
- Patient refuse any risk
- History of sudden hearing loss

### Relative

Only hearing ear \*



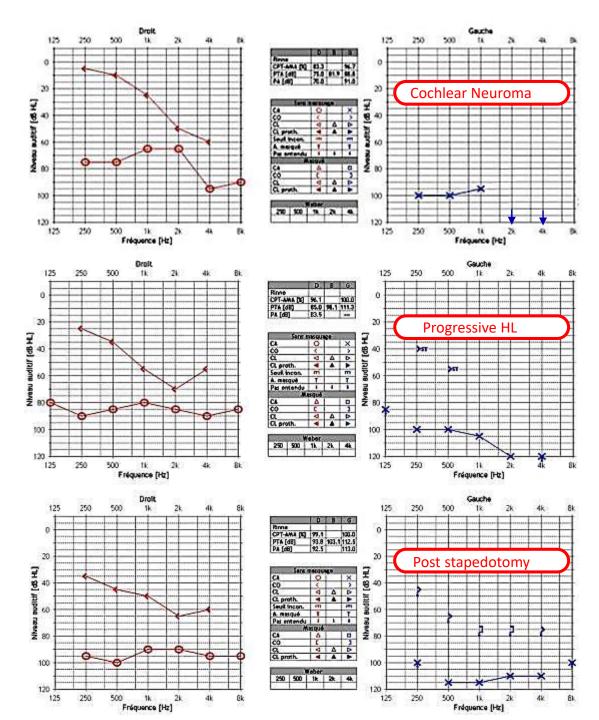
## ONLY HEARING EAR IN THE ERA OF CI

Case 1

Case 3

M – 49 years old

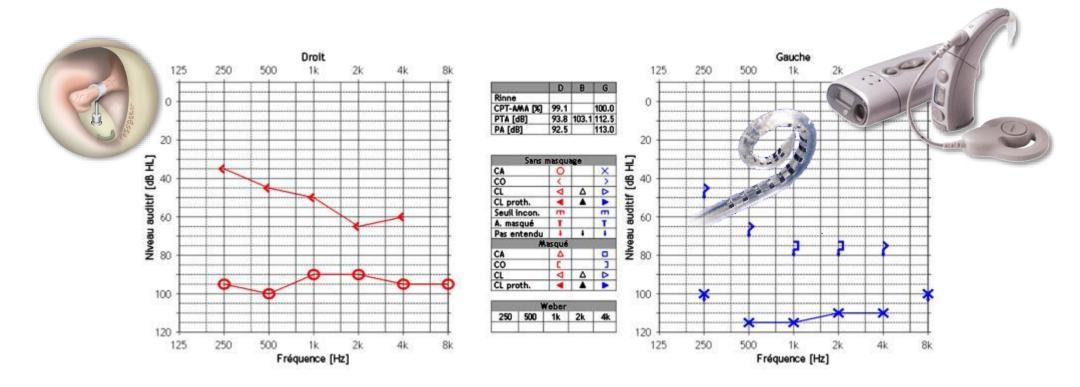
W – 65 years old

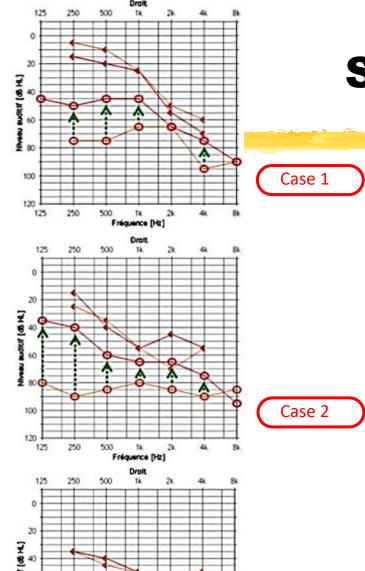


## **SURGICAL DECISION**

Second stage: Stapedotomy

First stage : CI



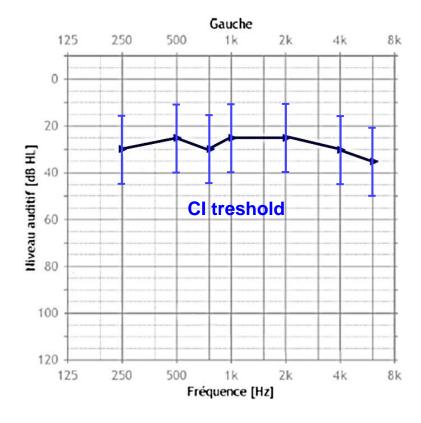


Fréquence [Hz]

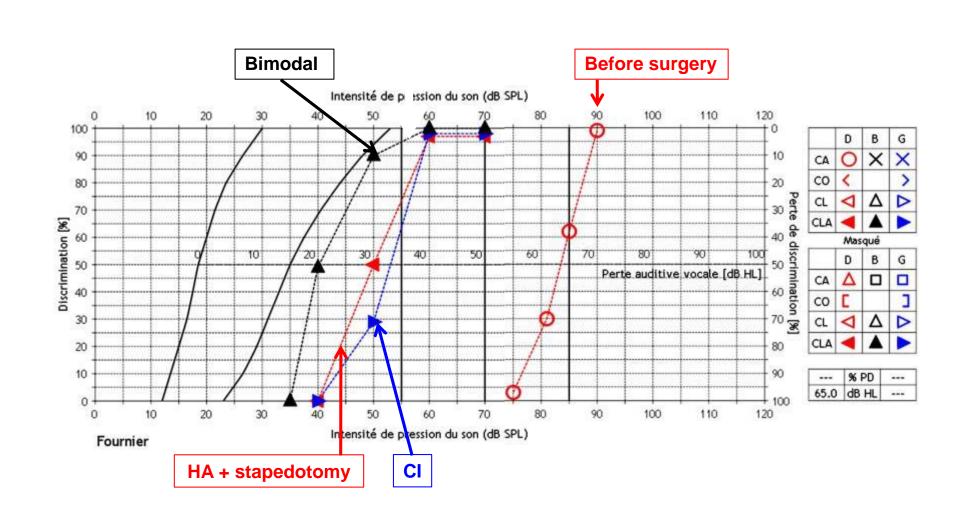
Case 3

## **SURGICAL RESULTS**

#### **Cochlear Implant**

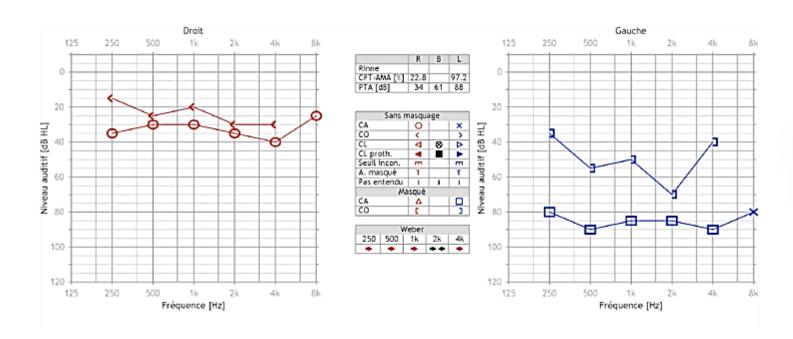


## **SPEECH DISCRIMINATION RESULTS**



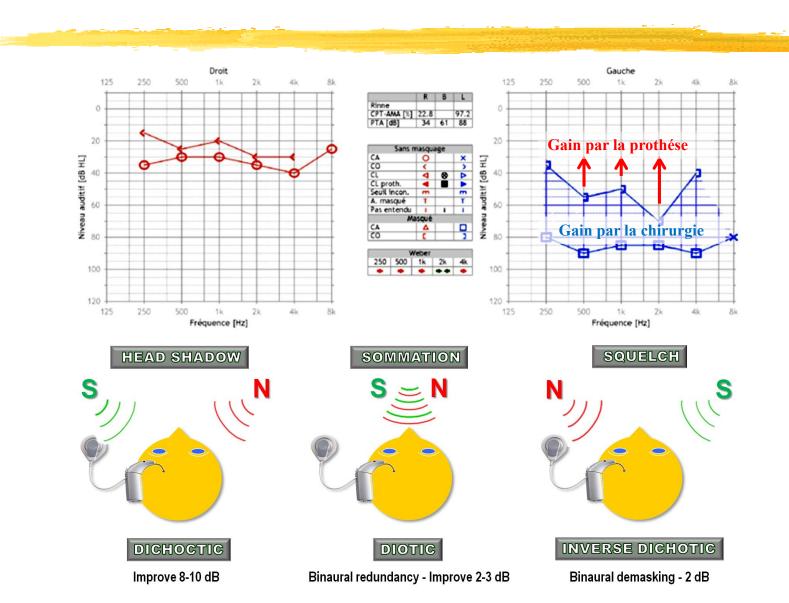
## **CASE CLINIC 2**

- 59 years old woman
  - The optimal gain provide undesirable audiometric effects
  - It is not possible to provide enough gain to compensate



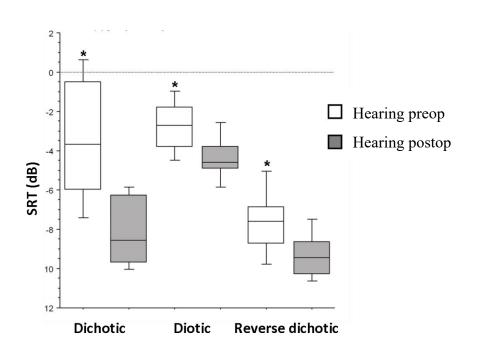


## **SURGERY + HEARING AID**

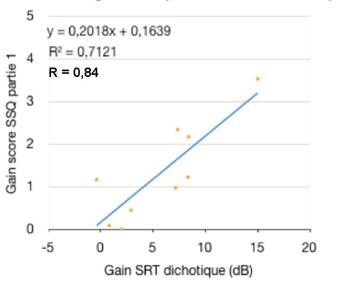


## BINAURAL HEARING IN OTOSCLEROSIS





#### Corrélation gain SSQ partie 1 / Gain dichotique



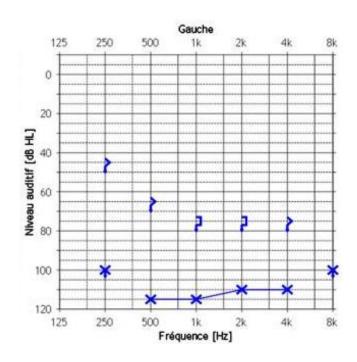
- Improvement of binaural effect in all cases event whithout a complete symetrical hearing
- Strong correlation between gain and quality of live (SSQ)

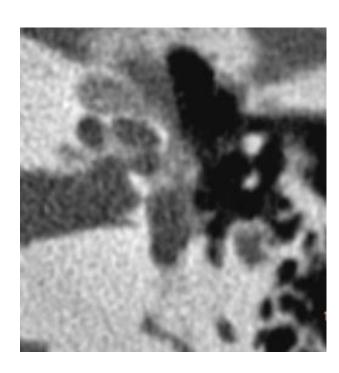
## **CASE CLINIC 3**

#### **Far advance otosclerosis**

## Imaging criteria

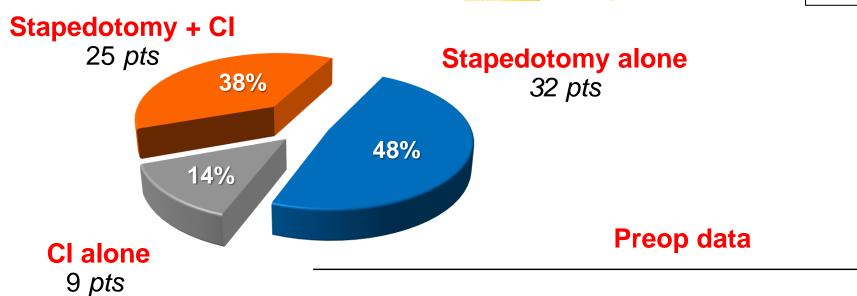
► CT Scan evidence of otosclerosis focus

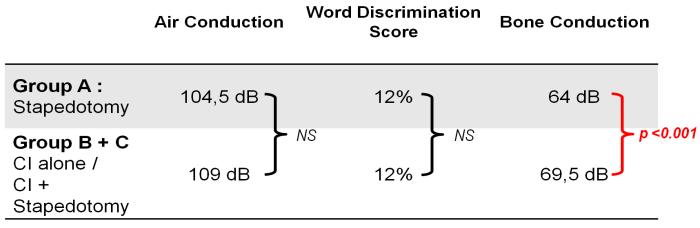




## **POPULATION**

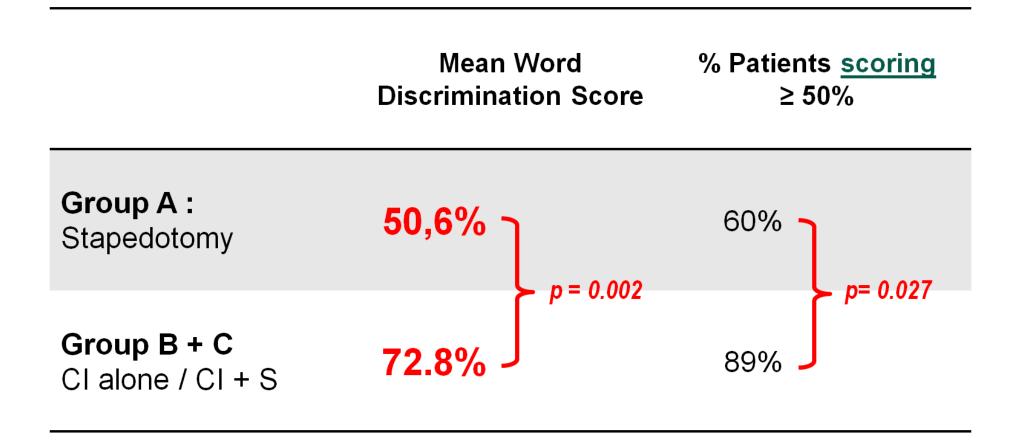
N:66



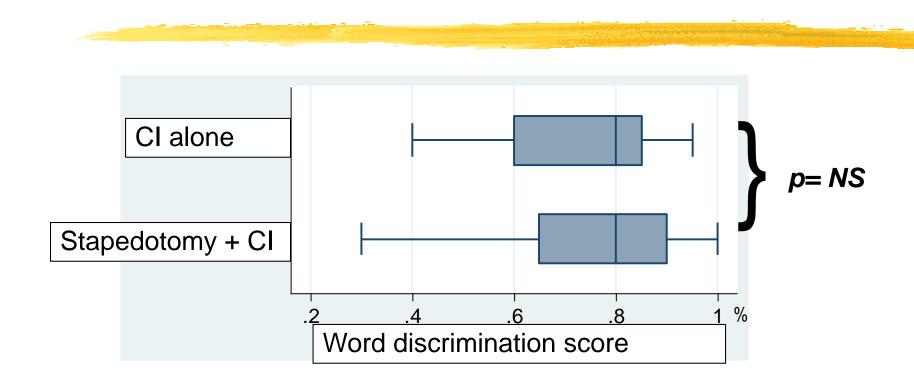


## **OVERALL RESULTS**

N:22



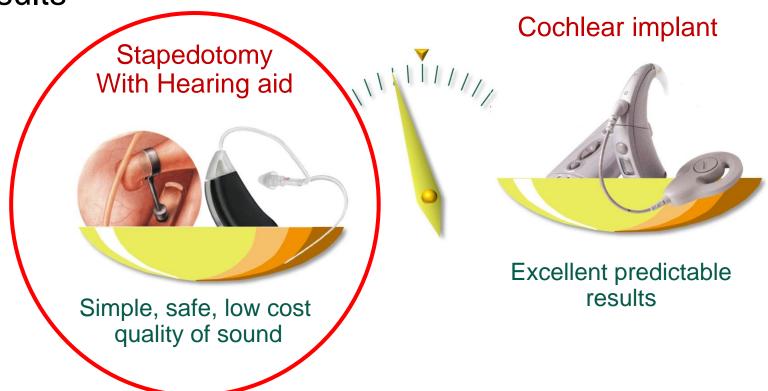
#### PREDICTIVE FACTORS OF COCHLEAR IMPLANT OUTCOMES



→ Previous stapedotomy has No impact on Cochlear implant outcome

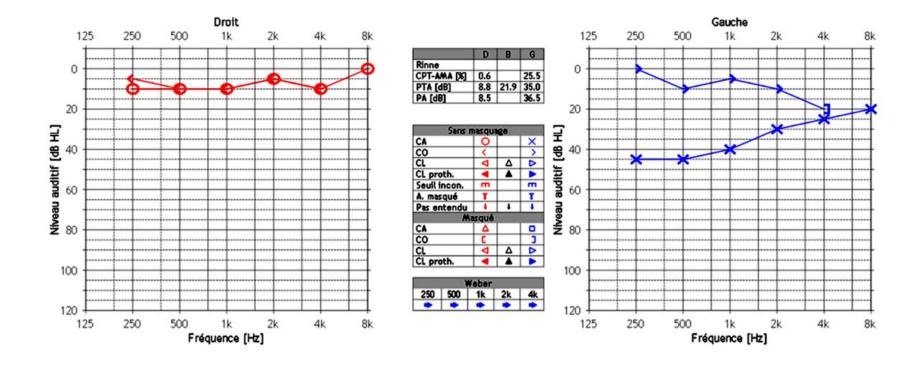
## **ALGORITHM FOR MANAGEMENT**

- Success of stapedotomy cannot be predicted pre-operatively
- Previous stapedotomy has no impact on cochlear implant results



## **CASE CLINI 4**

## The two options are possible



## **BOTH OPTIONS ARE POSSIBLE**



The American Journal of Otology - 19:541-543 © 1988

**Editorial: Is Stapedotomy Ever Ethical?** 

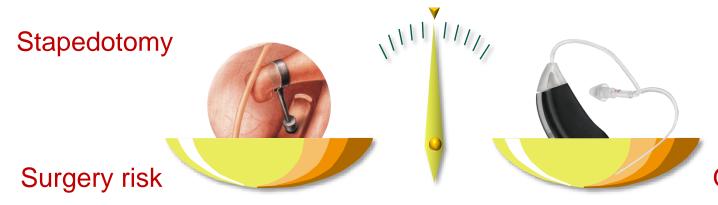
Matthew L. Howard

- Risks due to surgery:
  - Information content to the patient
- No risk with hearing aid for a similar result?
  - Do we have to propose hearing aid in first intention?
- Economic data: Health cost support









Hearing aid

Quality of sound

# DO THE AUDIOLOGICAL RESULTS ARE COMPARABLE?

#### Inclusion criteria

 Patient candidat for surgery with a conductive hearing loss > 30 dB and normal contralateral ear. First two months HA and then surgery

## Study design

 Prospective longitudinale study comparing audiological outcomes with hearing aid then stapedotomy at 2 months on 30 patients

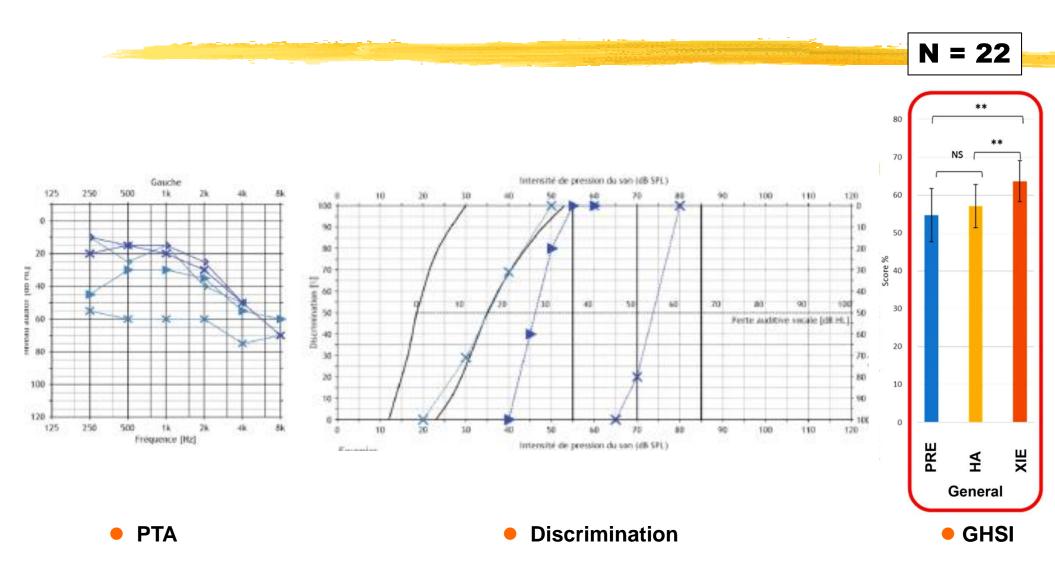


#### **Evaluation**

#### Preliminary results

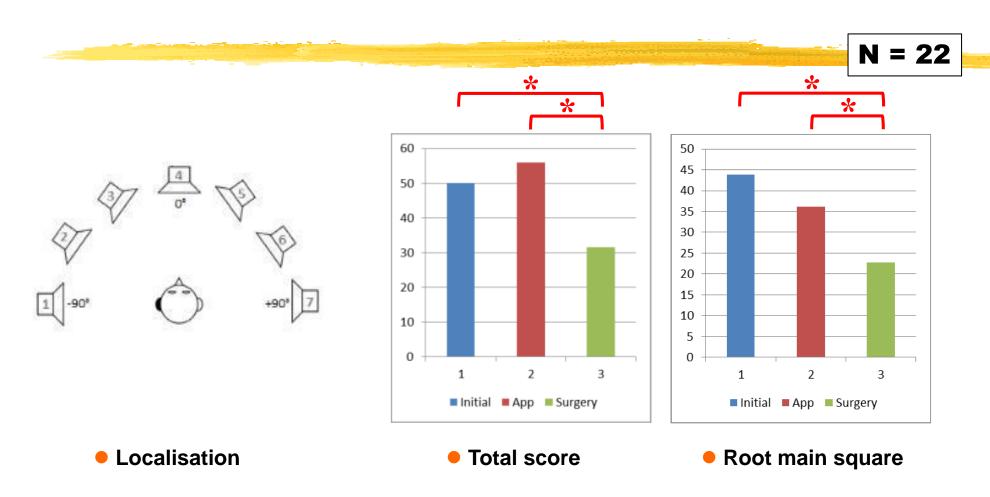
- Main criteria : → Improvement from 0 → 100 (GHSI)
- Secondary criteria : → Hearing threshold
  Secondary criteria : → Hearing threshold
  - → Sound localisation

## PRELIMINARY RESULTS



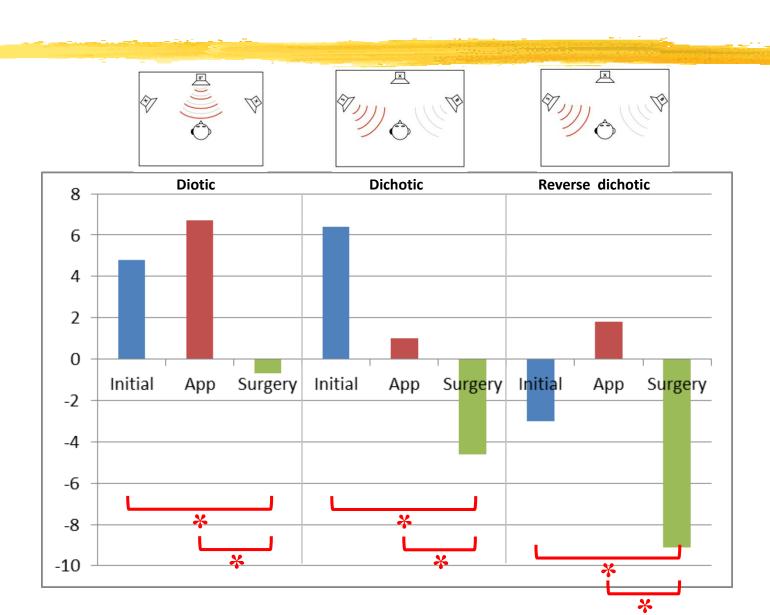
Significant improvement of quality of live after surgery

## **SOUND LOCALISATION**



Significant improvement of quality of sound localization

## **BINAURAL HEARING / MATRIX**



## CONCLUSION

- High resolution CT-Scan may be useful in the diagnosis of otosclerosis when the clinical symptoms are not indicative enough
- Imaging CT may also help in counseling patients with anatomical difficulties and extensive otosclerosis





Thank you for your attention