Temporal bone fractures

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Temporal bone fractures

Introduction

- The temporal bone is the most complex bone in the human body
- Trauma of the intratemporal structures
  - cochlear and vestibular end organs
  - facial nerve
  - carotid artery
  - jugular vein
- Trauma of the extratemporal structures
  - Other cranial nerves (VI [abducens], IX [glossopharyngeal], X [vagus], and XI [spinal accessory])
  - Head, spine, maxillo-facial region

Usually polytraumatic patients where TB fracture may not be the most important
Temporal bone fractures
Introduction

• Multiple foramina and canals in the temporal bone and surrounding skull base
• Areas of decreased resistance susceptible to traumatic injury
• Usually ENT doctor evaluates the patients many hours-days after the trauma
• The initial workup (in emergency) is very important
  • Imaging
  • Facial nerve function in relation to trauma
  • Subjective hearing and balance
  • Nystagmus (if available)
Temporal bone fractures
Clinical symptomatology – not all of them must be present

• Facial nerve paralysis (partial or complete),
• Hearing loss (conductive, sensorineural, or mixed),
• Vertigo, diziness
• Otorrhagia
• CSF otorrhea, rhinorrhea,
• Tympanic membrane perforation
• Hemotympanum
• Ear canal skin laceration
Temporal bone fractures
Classification (according to the fracture line)

• In 1926 Ulrich:
  • Longitudinal fractures
  • Transverse fractures
  (Ulrich K. Verletzungen des Gehororgans bei Schadelbasisfrakturen

• In fact majority of TB fractures are:
  • Oblique
  • Mixed
  (Ghorayeb BY, Yeakley JW. Temporal bone fractures: longitudinal or oblique?
  The case for oblique temporal bone fractures. Laryngoscope. 1992 Feb. 102(2):129-34.)
Temporal bone fractures
Classification (according to the otic capsule involvement)

• Otic capsule–sparing fracture
  • Usually longitudinal line that stops before the otic capsule
  • Fracture line runs anterolateral to the otic capsule
  • Trauma mechanism: blow to the temporo-parietal region.

• Otic capsule–involvement fracture
  • Usually transverse or oblique line
  • Fracture line runs directly into the otic capsule (cochlea and semicircular canals)
  • Trauma mechanism: blow to the occipital region
Temporal bone fracture - Diagnosis
Diagnosis is usually known before the ENT investigation

• Patient is stabilised, conscious
• Inspection (pinna, surrounding skin)
• Otoscopy
• Audiology – orientational (subjective level of hearing, tuning fork tests)
• Vestibular tests – orientational (history, vomitus, nystagmus)
• Facial nerve function
• Bleeding (from the nose, from the ear)
• Oto-, Rhino-rrhea
• Complete audiologic and vestibular tests can be done later
<table>
<thead>
<tr>
<th>Fracture line</th>
<th>Longitudinal Fractures</th>
<th>Transverse Fractures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incidence</td>
<td>Approximately 80%</td>
<td>Approximately 20%</td>
</tr>
<tr>
<td>Mechanism</td>
<td>Temporal or parietal trauma</td>
<td>Frontal or occipital trauma</td>
</tr>
<tr>
<td>CSF otorrhea</td>
<td>Common</td>
<td>Occasional</td>
</tr>
<tr>
<td>Tympanic membrane perforation</td>
<td>Common</td>
<td>Rare</td>
</tr>
<tr>
<td>Facial nerve damage</td>
<td>20% (most often temporary and frequently delayed in onset)</td>
<td>50% (severe, usually permanent, and immediate in onset)</td>
</tr>
<tr>
<td>Hearing loss</td>
<td>Common (conductive type and possibly high tone neurosensory secondary to concomitant inner ear concussion)</td>
<td>Common (severe sensorineural or mixed)</td>
</tr>
<tr>
<td>Hemotympanum</td>
<td>Common (associated with otorrhagia)</td>
<td>Possible (not associated with otorrhagia)</td>
</tr>
<tr>
<td>Nystagmus</td>
<td>Common (usually spontaneous, usually less intense [first or second degree] or positional; nystagmus absence also possible)</td>
<td>Common (intense [third degree], spontaneous, fast component beating to the opposite ear, long lasting; positional nystagmus also possible before and after compensation period)</td>
</tr>
<tr>
<td>Otorrhagia</td>
<td>Common</td>
<td>Rare</td>
</tr>
<tr>
<td>Vertigo</td>
<td>Common (less intense, and/or positional; absence is also possible)</td>
<td>Common (intense, usually associated in the acute phase with nausea and possibly vomiting)</td>
</tr>
</tbody>
</table>
Temporal bone fractures
Management

Medical treatment (immediate)
• Antibiotics
  • General
    • Passing through the Blood Brain Barrier (good concentration in CSF)
  • No local treatment (sterile management)
• Corticosteroids

Surgical intervention (delayed)
• Facial nerve
  • Decompression
  • Grafting
• Myringotomy
• Mastoidectomy
## Antibiotics and concentration in CSF

<table>
<thead>
<tr>
<th>Good concentration in CSF</th>
<th>Adequate concentration in CSF</th>
<th>Poor concentration in CSF</th>
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</thead>
<tbody>
<tr>
<td>Chloramphenicol</td>
<td>Penicillin</td>
<td>Cephalosporins 1st Gen</td>
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<tr>
<td>Sulfonamides</td>
<td>Ampicillin</td>
<td>Cephalotine</td>
</tr>
<tr>
<td>Cephalosporins</td>
<td>Methicillin</td>
<td>Cefoxidin</td>
</tr>
<tr>
<td>Cefotaxime</td>
<td>Oxacillin</td>
<td>Aminoglycosides</td>
</tr>
<tr>
<td>Ceftriazone</td>
<td>Naficillin</td>
<td>Gentamicin</td>
</tr>
<tr>
<td>Ceftazidime</td>
<td>Carbenicillin</td>
<td>Tobramycin</td>
</tr>
<tr>
<td>Moxalactam</td>
<td>Ticarciillin</td>
<td>Amikacin</td>
</tr>
<tr>
<td>Metronidazol</td>
<td>Erythromycin</td>
<td>Clindamycin</td>
</tr>
<tr>
<td>Isoniazid</td>
<td>Ethambutol</td>
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<tr>
<td>Trimethoprin-sulfamethoxazol</td>
<td>Rifampin</td>
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<tr>
<td></td>
<td>Vancomycin</td>
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<td></td>
<td>Meropenem</td>
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Temporal bone fractures
Complications

• Hearing loss
  • Conductive
  • Sensorineural
  • Mixed
• CSF fistula (perilymphatic fistula)
• Facial nerve paralysis
• External auditory canal stenosis
• Cholesteatoma formation
• Vascular injuries
• Meningitis
Conductive Hearing Loss

The following chain abnormalities have been identified with temporal bone fractures:

• Incudostapedial joint separation (82%)
• Incus dislocation (57%)
• Fracture of the stapes crura (30%)
• Fixation of the ossicles in the attic (25%)
• Incudomalleolar joint separation

Transverse fracture of the pyramid reaching anterior semicircular canal, Fallopian canal. MRI shows attenuation of the signal in the lateral and anterior SCC
Temporal bone fractures
Take home message

• Thorough evaluation in emergency (teach your colleagues)
• Diagnosis based on CT (high resolution, bone window, 0.5mm slices)
• Do not apply local treatment, just sterile cleaning
• Corticosteroids and antibiotics (passing through the BBB)
• Vestibular and audiological testing may be delayed
• Surgical intervention for FN palsy
  • Fracture line reaching Fallopian canal
  • FN palsy immediately after trauma
  • Poor electrophysiological tests
• Surgical intervention to improve hearing after stabilization with the delay